

## Who Does CCS Serve?

### Adults and Children who:

- Want to make changes in their life
- Would benefit from a self or family directed program
- Have mental health and/or substance abuse disorder(s)
- Have complex issues that interfere with major life activities



### Service Recipients also Need to:

- Be Medicaid (MA) eligible
- Meet functional requirements through a functional screening process



To find out more information, please call

**Individual County  
Information Goes Here**

Notes \_\_\_\_\_

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## Comprehensive Community Services (CCS)



**Supporting Mental Health  
And  
Substance Use  
Through Recovery & Wellness**

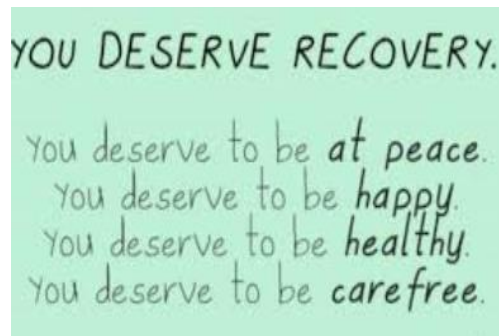
**Recovery Team**

Each person in CCS has a team.

Your team will include:

- You are the driver!
- A team leader called a Service Facilitator
- A mental health professional
- People who provide your specialized services
- Anyone else you wish to include for advocacy and support-like family or friends.

The recovery team helps you plan your programs, makes sure you are making progress and provides support and direction.



## Potential Services

Each person in CCS has an individually designed program based on their needs. It may include a variety of traditional and non-traditional services.

### Examples of Traditional Services

- Counseling
- Alcohol and Other Drug Abuse Services
- Diagnostic Evaluations
- Medications Management



### Examples of Non-Traditional Services

- Peer Support
- Employment Skill Development
- Life Skill Training
- Recovery Education
- Physical Health Monitoring
- Stress Reducing Alternative Care Techniques (ie: meditation, exercise, Equine Therapy)

## CCS Vision

CCS is different from other programs!

The Vision of CCS is to provide meaningful services that enhance your personal recovery journey to wellness and healing Here are some reasons why CCS is different:

- CCS is based on empowerment and hope
- CCS is recovery oriented
- You're in charge of your program
- It focuses on strengths and outcomes not symptom or problems
- Your plan respects what you and/or your family need and want
- You have access to supportive resources like jobs, housing, health, education and recreation
- Not all components are provided by county personnel. Community agencies may also be utilized
- Match needs with appropriate services
- Gender/age/culturally responsive treatment